



Inspired by Christ - Reaching out to all - Being the best we can be.

ALL SAINTS' CofE Nursery and PRIMARY SCHOOL (N20)

As Christ the Sower offered his love freely and for all, so at All Saints' we seek to nurture Christ's love and his image in all of our children. Working in partnership with each student, their families and carers, we pledge to help them

Personal, Social, Health and Economic (PSHE) & Relationships and Sex Education (RSE) Policy

Ratified by the Board of Governors:

Signed Headteacher Breda McKelvey

Chair of Governors Elaine French

Review Date: September 2026

"This policy is written in line with the current statutory guidance (DfE 2019). The school is actively reviewing provision against the updated RSHE statutory guidance published in July 2025, in preparation for full implementation from September 2026."

Inspired by Christ, reaching out to all, being the best we can be

As Christ the Sower offered his love freely and for all, so at All Saints' we seek to nurture Christ's love and his image in all of our children. Working in partnership with each student, their families and carers, we pledge to help them grow into happy, confident, and independent young people, whose enquiring minds will flourish in the world, seek after the truth, and serve others.

Rationale

Relationships, health and sex education provides a framework through which key skills, attributes and knowledge can be developed and applied to some of the most pressing issues facing young people today: from mental and physical health to understanding the importance of staying safe online, healthy and safe relationships, making sense of media messages, challenging extreme views and having the skills and attributes to negotiate a potentially volatile labour market. A well-delivered programme has a positive impact on both academic attainment and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

This policy covers all aspects previously covered in the subject known as PSHE (Personal, social, health and economic education). The interconnected aspects of this subject cannot be taught in isolation and without reference to relationships and sex education.

As a church school All Saints' can make a distinctive and unique contribution to relationships, health and sex education by placing them within a Christian context of love, faithfulness and forgiveness. The RSE teaching programme, is complemented by other aspects of the curriculum including Religious Education and Science. It is rooted in our school's Christian ethos, embodies our Christian values of perseverance, respect, forgiveness, fairness, honesty and friendship. It also supports the school's theological foundation, which is based on Mark 4:1-9: "The Parable of the Sower". Lessons are taught in a way that encourages personal responsibility, service and a growth mindset.

Legislation

From September 2020, the school adopted the content of the new statutory national relationships and health education curriculum. The governors have agreed that there will also be a sex education component to this curriculum which was also taught from September 2020 onwards.

"The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education. They also make Health Education compulsory in all schools except independent schools. Personal, Social, Health and Economic Education (PSHE) continues to be compulsory in independent schools."

DfE Guidance p.8

"Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way."

“This is why we have made Relationships Education compulsory in all primary schools in England as well as making Health Education compulsory in all state-funded schools.”

“In primary schools, we want the subjects to put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy.”

“These subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others’ wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society.”

Secretary of State Foreword (DfE Guidance 2019 p.4-5)

“Schools are free to determine how to deliver the content set out in the DfE guidance 2019 in the context of a broad and balanced curriculum. Effective teaching in these subjects will ensure that core knowledge is broken down into units of manageable size and communicated clearly to pupils, in a carefully sequenced way, within a planned programme of lessons.” (DfE Guidance p.8)

“All schools must have in place a written policy for Relationships Education and RSE.” (DfE Guidance p.11)

The Church of England welcomes, supports and expects the teaching of Relationships and Health Education in all Church of England primary schools. It is up to each primary school to decide whether they wish to choose to teach some aspects of Sex Education but we encourage schools (following consultation with parents) to offer age- appropriate provision. (Church of England Education Office – November 2019).

Aims

At All Saints’ we support the approach to relationships, health and sex education outlined by the Church of England Education Office in its key principles which are:

- To work in partnership with parents and carers
- To deliver RSE in a way that affords dignity and shows respect to all who make up our diverse community
- To enable RSE to build resilience in pupils to help them form healthy relationships, to keep themselves safe and resist the harmful influence of pornography in all its forms
- To ensure that RSE is based on honest and medically accurate information from reliable sources of information, including about the law and legal rights
- To ensure that the school takes a particular care to meet the individual needs of all pupils including those with special needs and disabilities
- To ensure that school seeks pupils’ views about RSE so that the teaching can be made relevant to their lives
- To develop confidence and responsibility and to make the most of their abilities
- To prepare pupils to play an active role as citizens

“RSE should ensure that children are able to cherish themselves and others as unique and wonderfully made, keep themselves safe and able to form healthy relationships where they respect and afford dignity to others. It will provide pupils with the knowledge that will

enable them to navigate and contextualise a world in which many will try to tell them how to behave, what to do and what to think. It will help them to develop the skills to express their own views and make their own informed decisions.” (Church of England Education Office – November 2019.)

Curriculum Content

The All Saints’ curriculum takes a thematic approach to primary RSE education, covering all three core themes of the Programme of Study as defined by the PSHE association (Health and Wellbeing; Relationships; and Living in the Wider World). The curriculum is spread over the school year, with three topics per half term. This approach allows different year groups to work on similar themes at the same time, building a spiral programme year on year, whilst offering flexibility in terms of planning. For further details, please refer to the curriculum map which is published on our website.

The school also teaches relationships and health education to pupils in nursery and reception following the developmental indicators and early learning goals, as set out in the Early Years Foundation Stage curriculum.

Sex education in Year 6 at St All Saints’ covers human conception, pregnancy and birth. The curriculum supports the DfE guidance of 2019 (p23) which states that:

“Schools are to determine the content of sex education at primary school. Sex education “should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science – how a baby is conceived and born.”

At All Saints’, we share information regarding what is taught. Whilst most areas of our RSE programme are statutory, parents need to know when aspects relating to relationships and sex education are taught. In the summer term, we hold a meeting for parents to explain these key aspects of our curriculum. The content in Year 6 is non statutory and parents have the right to withdraw their child from these aspects.

Year Group	RHSE content
1	Caring for ourselves My special people and appropriateness Appropriate/inappropriate touch
2	Naming body parts Gender stereotypes Animal/human lifecycles
3	Naming body parts Appropriate/inappropriate touch
4	Basic puberty (including introduction to periods) Naming body parts Growing up/changing needs
5	Periods Puberty - changes Media/online/smartphone safety

	FGM
6	Positive and healthy relationships Periods Puberty Human conception (<u>Non statutory</u> . This is the only content that parents/carers can choose to withdraw their child from.)

Note: Plant and animal reproduction is taught as part of the statutory science curriculum in years 5 and 6 and is statutory.

Cross-curricular links

The RSE curriculum is integrated across the school curriculum, which embraces the National Curriculum. However, the components of the school's sex education curriculum will not be integrated into other curriculum areas. RSE lessons are taught discretely but may be enhanced in other curriculum areas. Examples of this would include: the importance of physical exercise in PE lessons, healthy eating and lifestyles in science lessons and examining different types of relationship, including the Christian understanding of marriage in RE lessons.

The role of the RSE subject leader

The RSE subject leader is responsible for overseeing standards of teaching and learning throughout the RSE curriculum. The RSE subject leader is also responsible for ensuring that all pupil, parent and staff consultation is carried out as appropriate and that the relevant information is provided to both parents and governors. The RSE subject leader is also responsible for advising and supporting class teachers where appropriate with the delivering of the RSE curriculum.

The role of the Board of Governors and the RSE link governor

The RSE governor will oversee and monitor the implementation of the RSE curriculum through planned review meetings with the RSE subject lead. The Governing Body will monitor implementation of this policy, and the accompanying resources, which will be subject to regular review as appropriate. This will take place via the Education Committee of the governing board. The full governing board is responsible for approval of this policy.