

# Personal Relationships and Sex Education.

All Saints' C of E School

May 2024

# Curriculum Content

## Latest Government Legislation

### Relationships Health and Sex Education - All Saints' CofE Primary School

# Curriculum Content

## Year 1

- ▶ Caring for ourselves - personal hygiene
- ▶ Developing healthy relationships with friends and family
- ▶ Keeping ourselves safe
- ▶ [NSPCC video](#) (The Pants Song)

# Year 2

- ▶ Explaining sexual differences between males & female, including external genitalia (see naming body parts on next 2 slides)
- ▶ Human Life Cycle
- ▶ Challenging gender stereotypes
- ▶ Keeping ourselves safe [NSPCC video](#) (The Pants Song)

**Unit 1, programme 1, Differences from 'All About Us - Living and Growing DVD alternative version' by Channel 4 Learning.**

# Year 2

- ▶ ***Naming Body Parts***: This activity introduces children to the correct names for the parts of the body, including the reproductive organs.

Reasons for using the correct names:

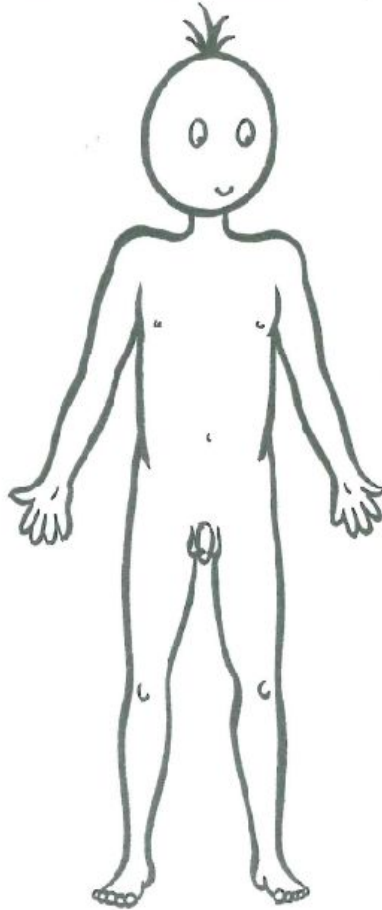
1. To avoid confusion
2. Consistent use of the correct names helps to get over the potential 'giggle' factor later and enable the children to use the words without embarrassment

# Year 2

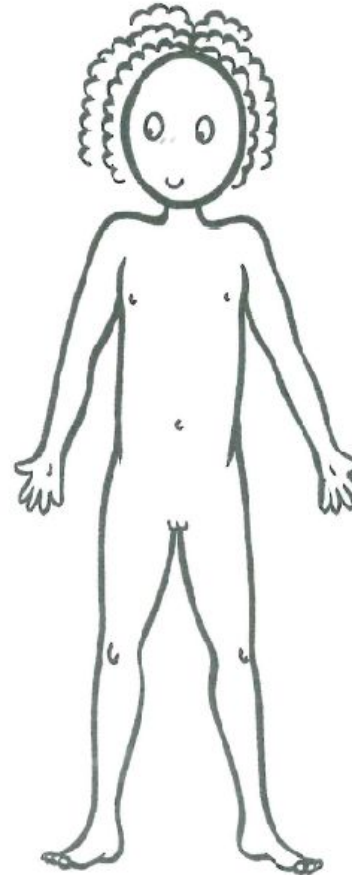
## Naming body parts

Name \_\_\_\_\_

Label the body parts on the male and female outlines.



- feet
- fingers
- hands
- vagina
- mouth
- thumbs
- penis
- eyes
- tummy
- legs
- arms
- knees



Are there any other parts you can add?

# Year 3

- ▶ Explaining sexual differences between males and females, including external genitalia
- ▶ Keeping Safe - judging what is acceptable contact and what isn't and recognising when to ask for help
- ▶ We will recap the year 2 work also

# Year 4

- ▶ Introduction to puberty
- ▶ Revision of external genitalia and sexual differences between males and females
- ▶ How puberty is linked to reproduction
- ▶ Growing up & how people's needs change

# Year 5

- ▶ Puberty in greater depth
- ▶ Teen puberty challenges
- ▶ Online safety & appropriateness
- ▶ Boys & girls separate: Periods (includes naming external genitalia)

**Unit 2, programme 4,  
Changes, from 'All About Us -  
Living and Growing DVD alternative version' by  
Channel 4 Learning.**

# Year 6

- ▶ Positive & healthy relationships
- ▶ Boys & girls separate: Periods
- ▶ Teen puberty challenges
- ▶ Boys & girls separate: Human conception

**Unit 3, programme 7,  
How babies are made from 'All About Us -  
Living and Growing DVD alternative version'  
by Channel 4 Learning.**

## *Guidelines for teaching RSE*

- ▶ Establish behavior ground rules prior to teaching potentially embarrassing lessons
- ▶ Set up a question box so that children can write down issues/questions which arise from the lesson. This will allow children to ask questions and raise issues anonymously without fear
- ▶ Any concerning issues arising from the lessons will be communicated to the relevant parent/carer
- ▶ Separate lessons for girls and boys in KS2 where appropriate

**Any Questions?**